

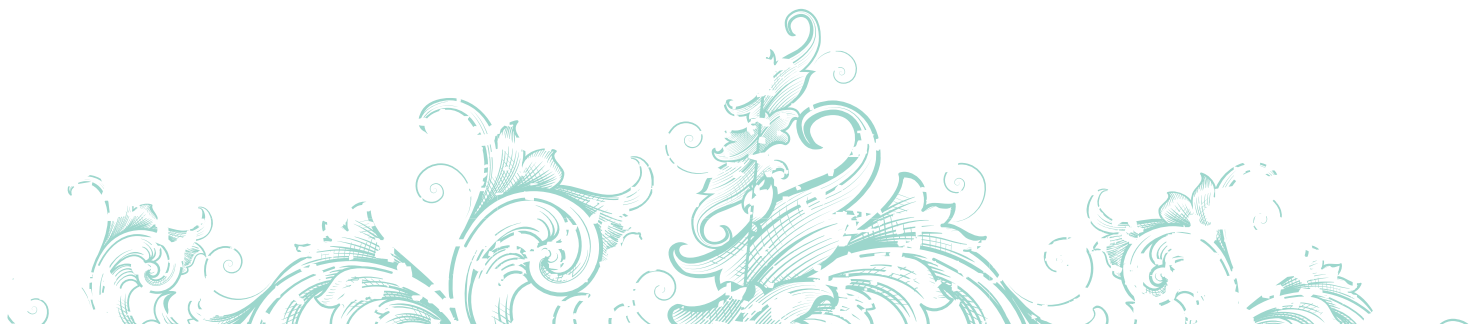


# Destination Experiences for Family AND Friends

WHERE GENERATIONS UNITE



HOTEL DEL CORONADO®



# IndElible Experiences

## **DEL BEACH**

Del Beach offers luxurious day beds, half-moon cabanettes, sand chairs and umbrellas, guests enjoy beverage service during summer months and fun beach games in the Del Beach Lounge.

## **BEACH GAMES & TOURNAMENTS**

Enjoy San Diego's year-round sunshine with some classic beach games including Kan Jam, Beach Pong, Corn Hole, Frisbee Golf, Kickball, Volleyball, Soccer and Rugby. The Del's recreation team can also facilitate tournaments for each of the above beach games, or combine games in a rond-robin or elimination tournament.

## **SURFING LESSONS**

Surf's up! Experience what San Diego is all about... the ocean! Our highly skilled professionals will teach your group the basics of riding the waves. Get out there and "Hang Ten Dude!"

## **PADDLEBOARDING**

Come experience the traditional Hawaiian sport of Stand-up Paddleboarding! Stand up Paddleboarding (SUP) promotes balance, strength, and fitness. Enjoy America's #1 beach while experiencing an isometric workout that really strengthens your core muscles.

## **CORONADO BIKE TOURS**

Explore historic Coronado on a guided bicycle tour with landmark homes, military installations, beach and bay views. The tour stops at the ferry landing for a short shopping excursion and many vehicle options from old-fashioned beach cruisers and ten speeds to surreys and more.

## **POOL CABANA RENTALS**

Relax at the pool in luxury with our poolside cabanas. Featuring an L-shaped sofa lounge with cushions, coffee table, 47 inch flat screen TV, safe and outlets to charge all of your devices.

## **PAINTING BY THE SEA**

Come enjoy a relaxing afternoon with a glass of wine on the Del's beautiful, beach front Paseo Lawn while painting your very own masterpiece with the guidance of a professional artist! Or Add a twist and focus on teambuilding with creative, team-oriented painting classes!

## **BEACH SPIN**

Come join us for a unique, private fitness experience overlooking the Pacific. Led by San Diego's best spin instructors through Beats by Dre headphones, this private class is one that you will not want your group to miss!

## **YOGA ON THE BEACH**

Revitalize your body physically, mentally and spiritually with yoga postures and breathing that increase muscle tone, improve flexibility and concentration, detoxify vital organs and induce a state of deep relaxation.

## **BEACH BOOT CAMP**

Enjoy the beach while pushing your body beyond its limits. Session includes running, body weight exercises, plyometrics, abs, core and more all catered to meet the individual fitness level and needs of your group.

## **MERMAID FITNESS AT THE DEL**

Slip on a colorful tail for this 45-minute water aerobics class—a fusion of swimming, core, cardio and strength training set to music.

## **SUNRISE PILATES ON THE BEACH**

Immerse yourself in a mind and body exercise with concentration on smooth movement and proper body alignment to develop a strong core body while developing increased flexibility, range of motion and stress awareness.

## **FITNESS WALK**

Enjoy an energetic walk exploring Coronado led by one of our top local fitness instructors. Let your senses come alive as you condition the heart, burn calories, improve strength and relieve tension.